

3 March 2009

# BOURNEMOUTH THRESHOLD DIALOGUE

Where everyone learns  
but nobody teaches

## COMMUNITY DIALOGUE: BOURNEMOUTH

Tuesdays 6:15 – 7:45pm BCHA, St Swithuns House

### We all need someone to lean on

Participants: 2 Ex-offenders, 2 Police & 1 BCHA

#### LEARNINGS

"My key worker told me that I had to move on, I've only been in supported accommodation and sober for a few weeks and don't feel I am ready to move on yet. I told them this and they are now working with me, I'm not ready to move on yet and I had to heard." (Ex-offender)

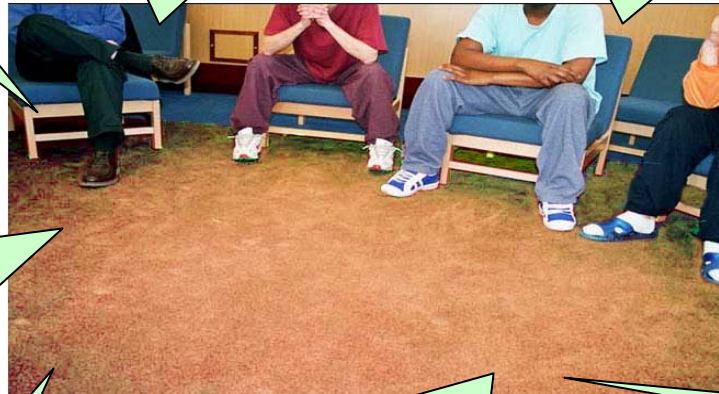
"I need support in my life, I need others to help me and to be there for me, especially in the work I do, I need to be heard and get things out sometimes, that can be a great weight off of my mind." (Police)

"I use my 'sponsor' and close friends as well as my support worker to speak to, if more than one person says the same thing I probably need to listen and take advice." (Ex-offender)

Sometimes we just need to be heard.

Everyone needs support and help along the way.

"I've been in supported accommodation for a few months now and am looking to go into second stage, I wasn't ready either, but now things are moving on and I get the support I need, I feel that I am ready. It's not independent living yet but it's a positive step in that direction. I want to be sure in myself before I go into my own place." (Ex-offender)



Help can come in various different shapes and sizes.

"I always have to be pushing up the bar in my own life, setting realistic, achievable goals so that I can move on in life. Personally I think that good support work is like that, working with the individual to their needs, identifying realistic, achievable goals and motivation to achieve them." (BCHA)

"I've been around the circuit of de-tox and supported accommodation so many times, most of the people that I was in a wet house with are now dead, this time things had to change for me or I would end up the same." (Ex-offender)

Bournemouth Threshold Dialogue brings Bournemouth offenders together in open conversation with the agencies responsible for their supervision and support. Dialogues are themed on the issues affecting re-offending. The process starts in custody and continues post-release in the community, emphasising support, challenge, responsibility and early intervention. Threshold Dialogue is supported by Bournemouth Safer and Stronger Communities Partnership.