

17th Dec 2009

BOURNEMOUTH THRESHOLD DIALOGUE

Where everyone learns but nobody teaches

COMMUNITY DIALOGUE: BOURNEMOUTH

Let the good times roll
Resettlement Pathway: Drugs / Alcohol / Children & Families / Attitudes, Thinking & Behaviour

Thursdays 4pm – 6pm BCHA, Dorset Lodge

Participants: 3 Service Users, 1 Police, 1 BCHA, 1 B'mouth Council, 1 Facilitator & 1 PD

LEARNINGS

"It's hard work maintaining sobriety and to stop 'chawing' – you've got to get off you're a**e."
(Facilitator)

"It's like step twelve – if I change how I think, I change how I behave."
(Service User)

"The idea of Dialogue is that by being in Dialogue you can change the way that you talk and that affects the way that you think and then how you act."
(Agency)

Appreciate the good times, don't dwell on what has gone wrong.

Relationships are important to all of us and our behaviours do influence how the people who care for us feel.

"I always thought I was a big fish in a little pond – now I don't mind being a little piece of the Dialogue puzzle."
(Service User)



Talking influences our Thinking which in turn influences our Behaviour.

"It is very difficult to be truthful – it's not easy."
"You have to be honest with yourself."
(Service Users)

"Hearing things here today reminds me how important our relationships are."
(Police)

"Bobbing along not thinking about things most of the time. I know when things go wrong but I need to know when things go right, I need to enjoy them more."
(Agency)

Bournemouth Threshold Dialogue brings Bournemouth offenders together in open conversation with the agencies responsible for their supervision and support. Dialogues are themed on the issues affecting re-offending. The process starts in custody and continues post-release in the community, emphasising support, challenge, responsibility and early intervention. Threshold Dialogue is supported by Bournemouth Safer and Stronger Communities Partnership.