

5<sup>th</sup> May 2009

# BOURNEMOUTH THRESHOLD DIALOGUE

Where everyone learns  
but nobody teaches

COMMUNITY DIALOGUE: BOURNEMOUTH

## Change is not easy

Tuesdays 7pm – 8.30pm BCHA, Dorset Lodge

Resettlement Pathway: Drugs & Alcohol / Children & Families / Attitudes, Thinking & Behaviour

Participants: 3 Ex-Offenders, 1 Police, 1 B'mouth Council, 1 CRI

### LEARNINGS

"My sister's been having difficult times recently. She has 2 young children and a husband and they can't cope financially in these difficult times. There's only so much I can do to help her."  
(Ex-offender)

"Sometimes you do everything you can but you can't actually do everything for someone. They have to do things for themselves as well."  
(Ex-Offender)

"When I was younger I never thought I'd end up like this but when I was a child I never had a role model. The only role model I had was crime, drugs and dishonesty."  
(Ex-offender)

You can manage on a giro and in situations you're not used to if you change your thinking.

"Tomorrow I've got my morning organised and my evening organised, but I don't know what I'm going to do in the afternoon."  
(Ex-Offender)

"What about the group they run at the Clubhouse? That's tomorrow afternoon."  
(Ex-Offender)

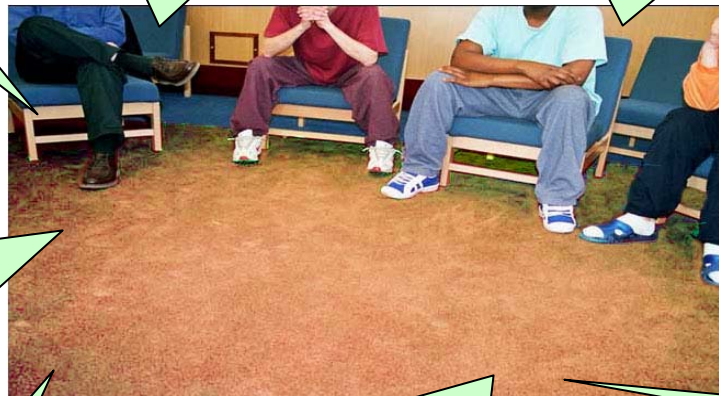
Sometimes the best support you can get is from people who understand exactly what you're going through.

"I'm a serial relapser. I can only go for 3 days without relapsing. I'm a time bomb waiting to explode...I just need to get through the next 48 hours and I don't know how I'm going to do it."  
(Ex-offender)

"If I told you how much money I've spent on drugs over the past 15 years you'd be shocked...I always thought I could make the money and keep it but I just spent it on drugs."  
(Ex-offender)

It doesn't have to be this way if you choose to change it.

"My Granddad's not well and I don't know how I'm going to be able to cope with it...it's the first experience I've had of this sort of thing when I've not been using...I know now where I can get the help from and I think I can do it."  
(Ex-offender)



Bournemouth Threshold Dialogue brings Bournemouth offenders together in open conversation with the agencies responsible for their supervision and support. Dialogues are themed on the issues affecting re-offending. The process starts in custody and continues post-release in the community, emphasising support, challenge, responsibility and early intervention. Threshold Dialogue is supported by Bournemouth Safer and Stronger Communities Partnership.